



## Mark your calendar for April 29, 2017!

It's our 6th Annual Race to Raise and we are changing it up...we are moving to Spring and taking the race Downtown!

Our 2017 Race to Raise 5K will highlight downtown Seguin, including the new Walnut Springs Trail and Park West! This year 100% of proceeds will benefit our LifeSaver Grant Program. Funds raised will be used to purchase equipment and materials and provide support for programs that enhance and advance patient care at GRMC.

Join us for a great time and a great cause...door prizes, food & beverages, fun and more! Be sure to stick around after the race for Seguin's Annual Earth Day Celebration!

## EVENT INFORMATION

### Saturday, April 29 @ 8:30 AM

Race to Raise - Downtown Edition is a chip-timed 5K Run/Walk that will begin in downtown Seguin in front of Seguin Brewing Company. The race route will go through downtown Seguin, highlighting the new Walnut Springs Trail, looping through Park West and ending back at Seguin Brewing Company. Race day registration will begin at 7:00 AM. Additional parking is available at the Justice Center.

Join us for a great time and a great cause...door prizes, food & beverages, fun and more!

#### Packet Pickup:

##### Early Packet Pickup

April 27 & 28 • 8am - 7pm

at Guadalupe Regional Wellness Center

##### Race Day Packet Pickup

Seguin Brewing Company • 111 W. Gonzales • 7am

#### How to Register:

Registration forms available at Guadalupe Regional Wellness Center or at [www.gmedfoundation.org](http://www.gmedfoundation.org)

Register online at [www.athleteguild.com](http://www.athleteguild.com)

Mail or deliver registration form to  
 Guadalupe Regional Wellness Center  
 1339 E. Court Street  
 Seguin, Texas 78155 • 830.401.7676

One child (10 and under) may run free with each registered adult - T-Shirts are an additional \$10.

Register before April 7, 2017 and be guaranteed an event t-shirt.

### Guadalupe Regional Medical Foundation Race to Raise 2017 5K Walk / Run

Please complete one form for each participant

Name \_\_\_\_\_ Age on Race Day \_\_\_\_\_ DOB \_\_\_\_\_  Male  Female  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Email \_\_\_\_\_ Shirt Size  Adult  Youth  
 S M L XL XXL

Entry Fees:            Adult            Youth (17 and under)  
 5K Registration Fee    \$25             \$15

+ \$10.00 Registration after April 7

+ \$15.00 Race Day Registration

Total Registration Fee \$ \_\_\_\_\_

One child (10 and under) may run free with each registered adult.  
 (Shirts are not included and can be purchased for \$10.)

Child (10 and under) - 5K

Name \_\_\_\_\_

I would like a T-shirt for this child. Size: \_\_\_\_\_ \$10

**Participant Waiver:** In consideration of the acceptance of this entry form for the Guadalupe Regional Medical Foundation (GRMF) Race to Raise 5/10K Run, I waive for myself and my heirs, successors and assignees any and all claims for damages which I might have against the Guadalupe Regional Medical Foundation, Guadalupe Regional Medical Center, or City of Seguin or any of the sponsors of the event as a result of any and all injuries which might be received in the above mentioned competition. I attest and verify that I have full knowledge of the risk involved in this event and I am physically fit and sufficiently trained to participate in this event. I am aware that this event is sponsored by the Guadalupe Regional Medical Foundation. In consideration of the entry of the GRMF Race to Raise event, I waive for myself my heirs, successors and assigns, any and all claims for damage which I might have against GRMF, its directors or the sponsors. I attest I have full knowledge of the risks involved with this event. I hereby grant full permission to use my photographs, video tapes, recordings or other record of any event in the GRMF Race to Raise event for any legitimate purpose.

Participant Signature \_\_\_\_\_

Date \_\_\_\_\_

(Parent/Guardian signature required if under 18)